



T-STEP Program



TEACCH School Transition to Employment and Post-Secondary Education

**NOW
RECRUITING
FALL 2020
ONLINE**

The T-STEP is a FREE intervention developed to support transition to employment and post secondary education for 16-21 year olds with Autism Spectrum Disorder who will or have received the Future-Ready Core high school diploma.

T-STEP Program covers several transition skills grouped into the intervention:

GOAL SETTING SKILLS

*Choosing & Working
Towards Individual Goals*

EXECUTIVE FUNCTION SKILLS

*Approaching Tasks in Organized Manner
and Time Management & Flexibility*

EMOTION REGULATION SKILLS

*Coping with Stress and
Accepting Corrective Feedback*

SOCIAL SKILLS FOR COLLEGE & WORK

*Getting Help When Needed
and Social Skills*



T-STEP Online Program available at AB Tech Community College for residents of the following counties: Ashe, Avery, Buncombe, Burke, Caldwell, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, and Yancey.



**For more information, contact the TSTEP team
at 919-843-9505 or TSTEPinfo@med.unc.edu
www.teacch.com**