

T-STEP Program



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



THE UNIVERSITY OF NORTH CAROLINA
TEACCH
Autism Program
Services Across the Lifespan

TEACCH SCHOOL TRANSITION TO EMPLOYMENT AND POSTSECONDARY EDUCATION

The T-STEP is a *FREE* intervention developed to support transition to employment and post secondary education for 16-21 year olds with Autism Spectrum Disorder who will or have received the Future-Ready Core high school diploma.

T-STEP Program covers several transition skills grouped into the intervention:

- **Goal Setting Skills**

Choosing & Working Towards Individual Goals

- **Executive Function Skills**

Approaching Tasks in Organized Manner and Time Management & Flexibility

- **Emotion Regulation Skills**

Coping with Stress and Accepting Corrective Feedback

- **Social Skills for College & Work**

Getting Help When Needed and Social Skills



Funded by the North Carolina
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Rehabilitation Services, at the
following NC Community Colleges



—NOW RECRUITING—



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